

Please note the following safety directives that have been put in place during the present Pandemic for all coaches & skaters. These directives are mandatory for everyone's safety.

Thank you for your understanding and compliance

Coaches

1. Prior to entering for the first time, email PCSC your Liability form supplied by Patinage Quebec (this can be found on the front page of our website) if we do not already have it from last season.
2. Disinfect hands upon entering the building.
3. Everyone including coaches will be screened when they arrive (failure to stop and do so, can result in refusal to enter the building).
4. When on the bench, please keep 2 meters apart.
5. Do not touch the boards.
6. Keep personal items on the bench in your designated area.
7. Coaches should be always wearing mask.
8. Coaches must report if they have been in contact with anyone with covid or anyone who has traveled outside of Quebec, and self-quarantine for 14 days.
9. Coaches must respect the schedule at all times
10. When a coach's lesson is finished, they must exit the building immediately.
11. Off ice is not permitted in the building

Skaters

1. Prior to entering for the first time, skaters must email PCSC your Liability form supplied by Patinage Quebec (this can be found on the front page of our website) if we do not already have it from last season.
2. Skaters can only enter the arena with skates in hand (no skate bags) or for younger skaters who need help, should already have their skates on
3. Masks are mandatory for all skaters entering, exiting, and moving around the building. Masks may be removed and placed in the skaters Ziplock bag during ice lesson.
4. Skaters must bring a clearly marked Ziplock bag with their name containing their own Kleenex, extra gloves, hand sanitizer.
5. Skaters must bring their own water bottle
6. Disinfect hands upon entering the arena.
7. All skaters must be screened, and attendance will be taken when they arrive daily.
8. Follow directives to dressing area. Blocks A<C<E assigned dressing room, Blocks B<D Arena bench.
If you are using 2 sessions, please move to the appropriate dressing area to allow for cleaning staff.
9. All skater items should be put on the boards, do not leave anything on the bench.
10. Skaters must follow their times allotted.
11. When a skater's lesson is finished, they must change to shoes and exit the building immediately by the designated exit only.
12. Warming up is not permitted in the building, please do so outside.
13. For the younger skaters, please be in the immediate area of the arena in case of emergency.

Thank you,
The PCSC Administration